

PI	Stno	Name	YB	Club	Time
H14 (1)			9.4 km 115 m 13 C		
1	5246	José Dorés	98	[035] CN Alvito	46:44
D14 (2)			9.4 km 115 m 13 C		
1	5095	Sofia Gomes	99	[105] BTTLoulé/BPI	50:14
2	5606	Ana Pinto	99	[035] CN Alvito	1:07:03
H16 (6)			10.6 km 155 m 15 C		
1	5539	Miguel Gonçalves	96	[105] BTTLoulé/BPI	40:06
2	5490	Rui Costa	97	[105] BTTLoulé/BPI	42:34
3	5359	Duarte Sousa	96	[105] BTTLoulé/BPI	43:47
4	5054	Daniel Costa	96	[114] COA	53:40
5	4064	Ricardo Nunes	96	[127] Ginásio	55:51
6	5534	Daniel Guedes	97	[125] Casa Povo Abrunheira	1:07:00
D16 (1)			10.3 km 135 m 16 C		
1	4900	Ana Margarida Rocha	97	[003] CIMO/Ciclonatur	1:00:39
H18 (2)			11.8 km 190 m 17 C		
1	4323	Hugo Palhais	95	[035] CN Alvito	44:44
2	5544	André Guerreiro	94	[105] BTTLoulé/BPI	59:50
H20 (2)			15.0 km 250 m 18 C		
1	5032	Mac-Mahon Moreira	93	[105] BTTLoulé/BPI	52:02
2	4999	João Caeiro	93	[035] CN Alvito	59:40
HE (11)			19.5 km 405 m 23 C		
1	2128	Daniel Marques	84	[070] COC	56:13
2	4567	Sérgio Semedo	80	[094] CPOC	1:02:01
3	3602	Luis Barreiro	82	[054] NADA	1:03:10
4	4632	Mario Marinheiro	65	[125] Casa Povo Abrunheira	1:03:58
5	2700	Joel Morgado	77	[070] COC	1:06:27
6	3887	Pedro Rama	84	[127] Ginásio	1:07:20
7	3877	Rui Pires	85	[070] COC	1:09:45
	5362	Faniko .	83	[149] CRP	mp
	4384	Nuno Patrício		[035] CN Alvito	mp
	3926	Ricardo Jeronimo	88	[105] BTTLoulé/BPI	dnf
	4577	Alexandre Nunes	79	[107] CAOS	dns
DE (5)			15.0 km 250 m 18 C		
1	2503	Susana Pontes	71	[094] CPOC	53:54
2	3799	Tânia Covas Costa	78	[102] .COM	1:00:08
3	3445	Ana Filipa Silva	90	[094] CPOC	1:06:03
4	25408	Margarida Guerra	85	[149] CRP	1:11:36
5	2351	Ângela Silvério	88	[035] CN Alvito	1:13:37
H21A (16)			15.6 km 260 m 18 C		
1	2613	Alex Liberato	72	[105] BTTLoulé/BPI	57:57
2	1728	Paulo Gonçalves	68	[105] BTTLoulé/BPI	1:01:16
3	5519	José João Henriques	77	[085] A Montanha	1:02:05
4	3489	Jorge Frazão	79	[114] COA	1:05:45
5	2987	Sérgio Ferreira	74	[035] CN Alvito	1:07:52

PI	Stno	Name	YB	Club	Time
H21A (16)			15.6 km 260 m 18 C		<i>(cont.)</i>
6	3353	Jorge Pires	77	[070] COC	1:08:00
7	5045	Miguel Couto	78	[149] CRP	1:08:24
8	3936	Norberto Henriques	77	[114] COA	1:09:31
9	2257	Nuno Soares	74	[035] CN Alvito	1:11:06
10	3018	Luis Teves	88	[035] CN Alvito	1:14:32
11	1995	José Dias	85	[035] CN Alvito	1:15:39
	4596	Claudio Santos	80	[105] BTTLoulé/BPI	mp
	5343	Eurico Gomes	76	[105] BTTLoulé/BPI	mp
	4290	Fábio Henriques	89	[114] COA	mp
	5415	João Diniz	88	[114] COA	mp
	2562	Nuno Pedro	79	[107] CAOS	dns
D21A (2)			10.6 km 155 m 15 C		
1	4901	Carla Amorim	79	[127] Ginásio	1:01:41
	2561	Ângela Pedro	79	[107] CAOS	dns
H21B (5)			10.6 km 155 m 15 C		
1	3437	Carlos Lobo	71	[128] COALA	47:32
2	3893	Luís Nunes	72	[127] Ginásio	47:42
3	3277	Fernando Miranda	73	[094] CPOC	50:49
4	5314	Carlos M T Teixeira	72	[033] Clube TAP	55:26
5	5461	Pedro Alves	78	[007] Ori-Estarreja	1:00:24
H35 (12)			17.8 km 275 m 22 C		
1	4584	Fernando Henrique	72	[133] GDU Azoia	1:04:06
2	3869	Luís Monteiro	74	[070] COC	1:05:54
3	4250	Marco Palhinha	73	[125] Casa Povo Abrunheira	1:10:59
4	4147	Sergio Contente	74	[114] COA	1:13:24
5	4391	Paulo Magalhães	74	[085] A Montanha	1:16:39
6	4154	Paulo Coelho	73	[134] CMG	1:17:10
7	2563	Daniel Branco	75	[003] CIMO/Ciclonatur	1:18:48
8	1810	Octávio Andrade	68	[102] .COM	1:19:26
9	3880	Nuno Neves	67	[070] COC	1:22:54
10	5046	Luís Gerardo	73	[149] CRP	1:34:27
nc	2730	Vítor Gomes	75	[003] CIMO/Ciclonatur	dns
	1937	Tozé Silva	66	[070] COC	dns
D35 (6)			11.8 km 190 m 17 C		
1	3748	Rita Gomes	74	[105] BTTLoulé/BPI	47:25
2	4392	Noémia Magalhães	74	[085] A Montanha	50:51
3	3870	Claudia Garcia Monteiro	77	[070] COC	52:24
4	2491	Fernanda Moedas	66	[094] CPOC	54:05
5	5409	Margarida Correia	69	[105] BTTLoulé/BPI	58:56
6	4327	Sónia Saramago	73	[115] ATV	1:01:23
H40 (11)			15.6 km 260 m 18 C		
1	5517	José Silva	70	[085] A Montanha	1:02:34
2	2787	Óscar Marques	70	[070] COC	1:02:58
3	3431	Michael Memeteau	70	[094] CPOC	1:08:53
4	4725	Eduardo Costa	69	[114] COA	1:08:54
5	4372	Norberto Marques	68	[070] COC	1:11:51
6	3323	Pedro Mota	70	[125] Casa Povo Abrunheira	1:13:57

PI	Stno	Name	YB	Club	Time
H40 (11)		15.6 km 260 m 18 C			<i>(cont.)</i>
	1873	António Aires	70	[1000] Individual POR Fed	mp
	1986	Eduardo Oliveira	72	[115] ATV	dns
	3166	João Germano	67	[1000] Individual POR Fed	dns
	1382	Jorge G Gaspar	72	[054] NADA	dns
nc	2377	Rui Botão	68	[094] CPOC	53:56
H45 (11)		15.0 km 250 m 18 C			
	1	2078 Inácio Serralheiro	58	[035] CN Alvito	50:42
	2	1843 António Rocha	66	[003] CIMO/Ciclonatur	50:47
	3	1704 João Lavado	67	[105] BTTLoulé/BPI	57:39
	4	2789 Helder Faísca	64	[105] BTTLoulé/BPI	1:03:24
	5	2894 Jorge Silva	66	[003] CIMO/Ciclonatur	1:04:40
	6	2750 Leonel Vieito	66	[070] COC	1:07:34
	7	5186 Carlos Fernandes	65	[035] CN Alvito	1:14:25
	8	4537 Luis Patricio	60	[094] CPOC	1:14:57
	9	3111 Tiago Fernandes	67	[094] CPOC	1:15:39
	10	1375 Jorge Elias	63	[114] COA	1:24:01
	3422	Jorge Bastos	65	[094] CPOC	mp
D45 (4)		10.3 km 135 m 16 C			
	1	4210 Isabel Maria Novo	67	[035] CN Alvito	52:10
	2	2129 Luísa Mateus	58	[070] COC	52:50
	3	4179 Margarida Gonçalves Novo	61	[035] CN Alvito	1:25:56
	4	1640 Fernanda Ferreira	55	[015] DA Recardães	1:26:05
H50 (6)		12.9 km 205 m 16 C			
	1	1577 Luís Sousa	54	[033] Clube TAP	47:40
	2	3169 António Rebelo	62	[105] BTTLoulé/BPI	51:29
	3	1471 Jose Pires	59	[094] CPOC	53:19
	4	2788 Luís Limas	62	[105] BTTLoulé/BPI	1:07:41
	1512	Manuel Santos	59	[102] .COM	mp
	3933	Mário Costa	61	[003] CIMO/Ciclonatur	dns
H55 (6)		11.8 km 190 m 17 C			
	1	1903 Armando Santos	52	[128] COALA	45:34
	2	1079 Joaquim Patrício	48	[035] CN Alvito	46:43
	3	1190 Carlos Ferreira	56	[015] DA Recardães	47:15
	4	4433 António Rosa	56	[035] CN Alvito	48:03
	5	2201 Luciano Lucas	57	[128] COALA	48:18
	1851	Escada da Costa	56	[157] AFAP	dns
Open Longo (5)		12.9 km 205 m 16 C			
	1	90000 David Coelho	81	[1564] Individual POR	53:21
	2	90003 Angelo Marques	77	[105] BTTLoulé/BPI	55:02
	3	90002 Rui Palma	75	[1564] Individual POR	58:57
	4	90001 Alexandre Correia	78	[1564] Individual POR	1:04:58
	90004	David Martins	83	[105] BTTLoulé/BPI	dns
Open Curto (2)		9.4 km 115 m 13 C			
	1	90007 Carla Cristina		[035] CN Alvito	1:14:27
	2	90008 Telmo Ferreira	84	[149] CRP	1:48:19